

In Case of Urgency



To avoid long wait times and high copayments, consider calling Urgent Care Services if you do not have a debilitating or life-threatening injury.

Many sicknesses and injuries may cause you to seek immediate help; however, not every case is serious enough to require a trip to the Emergency Room (ER).

CHP Urgent Care Services is quicker and costs less than the ER (which can be four to five times more expensive!). Urgent Care, by comparison, is often less hectic and more convenient. The Urgent Care office is staffed by physicians, physician assistants, nurse practitioners and nurses.

CHP Urgent Care Services

Monday - Friday: 11 a.m. to 10 p.m.

Weekends: 9 a.m. to 8 p.m.

Holiday hours may vary.

Medical conditions that might be treated at Urgent Care include:

Upper respiratory infections such as colds, ear infections, bronchitis and sore throats.

Minor, but acute cases, which include fever, nausea, vomiting and urinary tract infections.

Minor trauma including ankle sprains and cuts.



Urgent Care is a great alternative when your primary care provider is not available.

Urgent Care does not provide routine care to monitor chronic problems.

Urgent Care Staff

James W. Cade, M.D.

Board Certified in Family Practice
Medical School: St. Georges University
Residency: Tallahassee Memorial
Family Practice

Russell Collins, M.D.

Board Certified in Family Practice
Medical School:
University of de Bordeaux II, France
Residency: Medical College of Georgia

Henry Gunter, M.D.

Board Certified in Family Practice
Medical School: University of Miami
Residency: Tallahassee Memorial

Krista Rankin, M.D.

Board Certified in Family Practice
Medical School: University of California
Residency: David Grant Medical Facility
at Travis Air Force Base

Nancy Miller, P.A.-C

Physician Assistant

Sandy Skidell, P.A.-C

Physician Assistant

Rebekah Simmons, P.A.-C

Physician Assistant



**Call the Urgent Care office at
(850) 383-3382 for an
appointment before coming in.**

Calling is necessary to reduce the time you wait.

CHP Urgent Care

2140 Centerville Road
(across from the U.S. Post Office)
Tallahassee, FL 32308
850-383-3382

The Urgent Care office is not a Walk-In Clinic.



Capital Health



An Independent Licensee of the Blue Cross and Blue Shield Association

www.capitalhealth.com

**P.O. Box 15349
Tallahassee, Florida 32317-5349
850-383-3311**

This brochure is intended to highlight the Plan and does not constitute a contract. The precise benefit will be controlled by the contract and not by this brochure. Services described will be provided at one of CHP's primary care physician locations or in other designated facilities authorized by a CHP physician.

2013.09.001



**CHP Urgent Care
Services**



(850) 383-3382

*Call for an appointment.
Urgent Care is not a walk-in clinic.*

Monday - Friday

11:00 a.m. to 10:00 p.m.

Weekends

9:00a.m. to 8:00 p.m.

Holiday hours may vary.